



Open to All New York High School Boys

Exercise, Chart No. 4



How to Perform Exercise No. 4.

Stand erect, arms stretching upward. Step forward with right foot. Bend forward smartly with whole body from hip, swinging arms downward at same time. Touch right toe with finger tips, bending right knee. Return to first position. Repeat this five times.

TWENTY OF THESE CHARTS WILL BE PUBLISHED—AL-
POSED FOR BY SENATOR ROYAL S. COPELAND FOR THE
EVENING WORLD. HE USES THESE EXERCISES
DAILY TO KEEP HIMSELF PHYSICALLY FIT.
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Children who set their Christmas trees up in the back yard, in a place of suet in the top branches and sprinkle crumbs underneath will have a lot of fun watching the birds who will instantly accept this invitation to a party and will have the satisfaction of knowing they are saving hundreds of bird lives, Mr. Pearson said.

Dies After Five Weeks Illness of Heart Trouble.
NORWICH, Conn., Dec. 28.—William B. Walker, President of the American Thermos Bottle Company, died at his home here after a long illness of five weeks.

home in New London to-day after a five weeks' illness of heart trouble.

Mr. Walker was born in Rachina, Wis., fifty-five years ago and came here in 1913. He had extensive business connections in New York. He was married, and is survived by his widow, who was Miss Marcelle Huan of New York, and a daughter by his first wife, and two sons by his second marriage. Burial will be in Woodlawn Cemetery.

"WHAT did I tell you?" whispered Corrigan hoarsely. "Off with your heel while I hold the torch. Hustle!"

Cathew worked feverishly. The heel came off, the two rubies and the emerald were packed in cotton, placed in the hollow and the heel-plate hammered on again. Then in his turn he held the torch, still possessed with the idea that all this was a dream. As Corrigan thrust his foot back into his shoe, his leg paused in midair, one hand against the sole and the other curled about the strap.

"What is it?" asked Cathew.

"Listen! What do you hear?"

Cathew put his hand to his ear. "Sounds like tom-toms."

"Then God help us; it's the priests coming back!"

They cared not what noise they heard. They were too busy to think of anything but their own escape. The path were eight priests as quiet as still as he was.

"Corrigan? Corrigan?" sobbed Cathew, clutbing, kicking, dodging.

"Corrigan?"

He fought with a savageness that topped Corrigan's, but he possessed neither the strength nor the endurance of the brave Irishman; and at the time the tom-toms arrived, he was a prisoner. He was pushed and buffeted to the clearing on the other side of the temple, flung to the turf, bound and left there. He faintly remembered in that fate was kind to him; he did not witness Corrigan's end. He never knew how they had been discovered. Only the shades of other luckless adventurers, hovering over their nameless tombs, could have told him.

When he recovered his senses it was morning.

(Concluded To-morrow.)

2.30 P. M.—Piano solos by Sophie Konooff, of Irvington, N. J.
 2.50 P. M.—Violin solos by Jessie E. Koenig, accompanied by Louise Egan.
 3.10 P. M.—Synopsis of Shakespearean plays.
 3.30 P. M.—Piano solos by Sophie Konooff, of Irvington, N. J.
 3.45 P. M.—Violin solos by Jessie Koenig.
 4.15 P. M.—Song recital by Marjory Smith, soprano of Newark, N. J.
 4.45 P. M.—"Man in the Moon Stories" for the children.
 5 P. M.—Weekly release of the Babylon Statistical Organization.
 5.05 P. M.—Dr. John G. Hansen will continue the series of talks on "Self Healing by Auto Suggestion."
 5.35 P. M.—Songs by Georges Gautier, blind French boy singer.
 5.50 P. M.—Auto Tollitru, National: Release of the Women's Party, on "Legal Discrimination Against Women."
 6.40 P. M.—Songs by Gertrude Lau.

8.30 P. M.—Literary evening conducted by the editorial staffs of the Outlook, Scientific American and Harper & Bros.

9.00 P. M.—Joint recital by Kathleen Pearson, soprano, and Edouard Grobe, tenor.

8.50 P. M.—Continuation of program by "Literary Evening."

9.15 P. M.—Continuation of program by Kathleen Pearson, soprano, and Edouard Grobe, tenor.

9.55-10 P. M.—Arlington time signals, weather forecast.

10.00 P. M.—Continuation of program by Miss Peterson and Mr. Grobe.

**WGI—SHERBORN HILLSIDE,
1000 METERS.**

8.30 A. M.—Music on mechanical players.

10.30 A. M.—New England and ocean forecast; reports on dressed meats from the Federal Bureau of Agricultural Economics.

11 A. M.—Music on mechanical

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